



# On the path to better health

Aetna-covered well-being services  
available at MinuteClinic<sup>®</sup>

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# Stay on top of your health goals

## All about you

Whether you want to quit smoking, understand health screening numbers or learn more about high cholesterol, Aetna® well-being services can help you get the care you need.

Walk into MinuteClinic at select CVS Pharmacy® and Target® locations.\* You can work one-on-one with providers. With their help, you can create personalized health plans and get the support you need for a healthier you.



Go to **MinuteClinic.com** to find the closest location, make appointments or view wait times.

## Choose from:

### Wellness services\*\*

- Smoking cessation
- Weight management
- Tests based on individual need\*\*\*

### Monitoring services\*\*\*

- Diabetes monitoring
- High cholesterol monitoring
- High blood pressure evaluation

If you'd like, a summary of your visit can be shared with your primary care doctor.

## Everyday care that works for you

Seven days a week, including evenings and weekends — our flexible hours work with your schedule. And there's no appointment necessary — just come in.

## Achieve better health, right in your neighborhood, by:

- Signing in at a clinic kiosk
- Choosing your service
- Showing your Aetna ID card

\* For a complete list of other participating providers, log in to your member site at **Aetna.com** and use our provider search tool.

\*\* Your Aetna medical plan's preventive benefits may cover these wellness services. If you have questions about your coverage, call the toll-free number on your Aetna member ID card.

\*\*\*Please note that additional charges apply for any labs and tests. View the **MinuteClinic price list** for these fees. Monitoring and wellness services are available for screenings conducted at MinuteClinic inside select CVS Pharmacy and Target locations.

**In Idaho, health benefits and health insurance plans are offered and/or underwritten by Aetna Health of Utah Inc. and Aetna Life Insurance Company. For all other states, health benefits and health insurance plans are offered, administered and/or underwritten by Aetna Health Inc., Aetna Health of California Inc., Aetna Health Insurance Company of New York, Aetna HealthAssurance Pennsylvania Inc., Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health of Utah Inc. and Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.**

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