



Why is having a good vision plan so important?

Regular visits to your eye care professional are vital for your eyes. Through a routine exam, eye doctors can potentially spot serious health problems like diabetes, high blood pressure, heart disease, certain cancers and other conditions.¹

That's why yearly exams may be important—even if you have perfect vision.

Make vision care a priority.

Vision care services without a vision plan can be expensive, and out-of-pocket costs can add up fast. Find out how much you could save² with MetLife Vision Insurance featuring the **Davis Vision**® network.

Why should I enroll?

- Potential savings on eye exams, stylish and fashionable eyewear, lenses and more²
- Group rates
- Convenient payroll deduction

Among U.S. adults...



64%

wear prescription eyeglasses.³

You can get MetLife Vision Insurance for monthly rates less than the cost of...



A medium cup of coffee⁴

1x per week

An example of how vision insurance can help.

We avoided going to the eye doctor due to the high cost. Thanks to **vision insurance**, we saved on eye exams and new eyewear for the whole family. Our child is adjusting to new glasses, and I love my contact lenses. This coverage is definitely worth it, and it helps us stay within our budget.*

*This is a fictional example. Davis Vision and MetLife do not claim that these are typical results that members will generally achieve.

Advantages of MetLife Vision Insurance with the Davis Vision network

Benefit overview	Vision insurance can help minimize your out-of-pocket costs for vision care and eyewear.
Why is it needed?	Helps you save on vision services, ² from eye exams to glasses and contact lenses. Regular visits to your eye care professional are not only important for your eyes. Through a routine exam, eye doctors can potentially spot serious health problems like diabetes, high blood pressure, heart disease, certain cancers and other conditions. ¹
Who is covered	Choose which plan best suits you: <ul style="list-style-type: none">• Employee Only• Employee and Eligible Family Members
Covered services	<ul style="list-style-type: none">• Eye exams• Eyewear• Lens enhancement options, including, but not limited to, polycarbonate, UV coating, scratch-resistant coating and blue light filtering⁵
Additional value	<ul style="list-style-type: none">• Selection of fully covered frames at no additional cost to you• Access to the Exclusive Collection,⁶ with coverage on designer frames for \$40 or less and with a one-year breakage warranty• Choice of retail chains in-network, such as America's Best, Costco Optical, National Vision, Visionworks and Walmart⁷• Online in-network eyewear stores, including Glasses.com, 1-800 Contacts, Befitting.com and Visionworks.com⁷• A hearing exam at no additional cost and up to a 40% discount on hearing aids⁸• Access a discount on LASIK for vision correction⁹

Your benefit in action

Here's how easy it is to use MetLife Vision Insurance:



Choose a licensed vision care specialist from a large network of ophthalmologists, optometrists and opticians at private practices or retail locations.



When you go to a participating vision specialist, there are no claims to file. You don't even need an ID card.



Premiums are conveniently paid through payroll deduction. No checks to write or worries about missing a payment.

Frequently asked questions

Why should I enroll?

- A. Coverage** includes routine eye exams, glasses, contact fittings, lenses and more. Even if you don't wear glasses or contacts, regular visits to your eye doctor may **help contribute to your overall health** by potentially catching serious problems, such as diabetes and high blood pressure.¹

Can I choose my own eye care professional?

- A. You can go to any licensed eye care professional.** Visit a participating licensed eye care professional or choose popular retail locations.¹⁰ Enjoy low out-of-pocket costs when visiting a participating vision care provider.

Or visit online in-network eyewear stores.

If you choose an out-of-network provider, you will have increased out-of-pocket expenses, pay in full at the time of services and file a claim with MetLife for reimbursement.

How can a vision plan help me save money?

- A. Eyeglasses and routine eye exams** can be more expensive than you may think. With MetLife Vision Insurance featuring the Davis Vision network, you can potentially save on eye exams, stylish fashion eyewear, lenses and more² through low to no copays.

What kinds of frames are covered?

- A. Choose the eyewear that's right for you and your budget.** Take advantage of a selection of fully covered frames at no additional cost, plus gain access to the Davis Vision Exclusive Collection,⁶ with coverage on designer frames for \$40 or less, with a one-year breakage warranty.

When can I enroll?

- A. You can enroll during your open enrollment period.**

Enroll in Vision Insurance during annual enrollment.

Please see your Plan Summary for more information.

1. Kelley, OD, MS, Sonia, Are eye exams just as important as other health exams? AllAboutVision.com, April 13, 2022, <https://www.allaboutvision.com/eye-care/eye-exams/rethinking-importance-of-eye-exams/>.
2. Your actual savings from enrolling in a vision plan will depend on various factors, including plan premiums, number of visits to an eye care professional by your family per year, and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
3. Organizational Overview Sheet, The Vision Council, December 2021, https://thevisioncouncil.org/sites/default/files/assets/media/TVC_OrgOverview_sheet_2021.pdf.
4. Cost of Living in United States, Numbeo, November 2023, https://www.numbeo.com/cost-of-living/country_result.jsp?country=United+States.
5. Lens enhancements are available at participating private practices. Pricing is subject to change without notice. Please check with your provider for details and availability prior to receiving services. Additional discounts may not be available in certain states or at certain retail locations.
6. The Davis Vision Collection of frames is available at most participating independent provider locations. The collection and pricing are subject to change without notice. Please check with your provider for details and availability prior to receiving services.
7. All product and company names are trademarks or registered trademarks of their respective holders, and their use does not imply any affiliation with or endorsement by them.
8. Hearing services administered by Your Hearing Network. May not be available in all service areas. Davis Vision makes no representations regarding any services provided by Your Hearing Network.
9. Laser vision correction services administered by QualSight, LLC. May not be available in all service areas. Davis Vision makes no representations regarding any services provided by QualSight, LLC.
10. For a list of participating providers, use the Find a Vision Provider tool at metlife.com. Select Find a Vision Provider, choose Davis Vision as the network, complete the information requested and hit the Search Now button.

MetLife vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Davis Vision, Inc. ("Davis Vision"), a New York corporation. Davis Vision is part of the MetLife family of companies. Like most group benefit programs, Davis Vision by MetLife plans contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

