

Protect your smile and overall health

Get the quality dental care and well-being support you want

A healthy mouth is the gateway to a healthy body. And the right dental plan can make a big difference by covering the type of care that can not only help improve your oral health, but also help you save, spot health issues, and boost confidence. Our research shows that adults who use their preventive dental benefits spend 3x less on costlier procedures compared to those who don't.¹ You and your family deserve to have seamless oral health — and opportunities to help support your overall well-being.

Who is it for?

- Anyone who wants to save on quality dental care
- People who care about dentist choice and want access to a broad provider network
- Those who want regular preventive care to help promote oral and overall health

What does it cover?

- Preventive checkups, including cleanings and x-rays
- Restorative services like fillings and crowns, along with endodontic (root canals), periodontic (gum grafts), prosthodontic (implants or veneers), and oral surgery services

Why should I consider it?

- Access to one of the largest dental networks in the nation,² with specialists including pediatric dentists, periodontists, and more
- No ID cards needed, and no need to file claims
- Most plans cover 100% of in-network preventive care costs
- You can get access to affordable group rates and the convenience of having it deducted from your paycheck

It's easy to find an in-network provider

To find an in-network dentist, visit guardianlife.com or download the Guardian Dental & Vision mobile app mobile app.



Here's an example of how it works*

You can use any licensed dentist, but when you see a network dentist, you and your family may get extra savings. Plans emphasize preventive care to help foster overall well-being and help minimize the need for more costly dental procedures down the road.

Watch a video

Click [here](#) or scan the code to learn more.

*For illustrative purposes only.



Did you know?

Oral health is linked to the following health conditions: cardiovascular disease, dementia, diabetes, osteoporosis, and rheumatoid arthritis.³

Learn more about Guardian Dental Insurance at guardianlife.com.



**The Guardian Life Insurance
Company of America**
guardianlife.com

New York, NY

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1,3 **An Ounce of Prevention:** The link between preventive dental care and better oral health and wellness, Guardian 12th Annual Workplace Benefits Study, 2024.

2 <https://www.guardianlife.com/dental-insurance>

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